

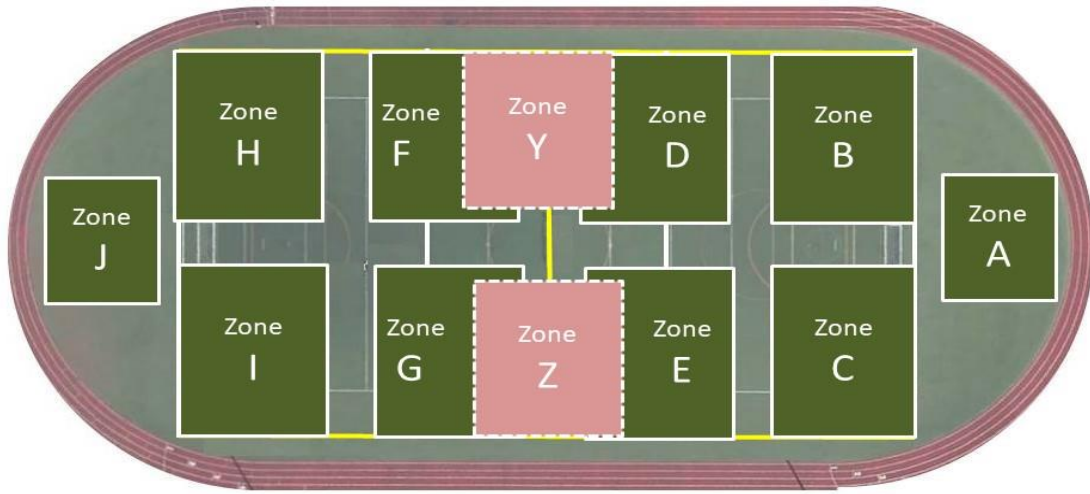


Girls U8-U11 Rec Team Technical Training Sessions

| DAY | NORTH SHORE TURF | TEAM | COACH | ZONE |
|------------------------------|--|---|----------------------------------|---------|
| Wednesday, Sept 19 | 5:30-6:30p | GU8 Red Foxes GU8 Lightning | Scott Wallace Chris Saranchuk | A1 B |
| Wednesday, Sept 26 | 5:45-6:45p | GU10 Fireballs GU10 Galaxy | Julian Carson Elliot Mullen | C E |
| Wednesday, Sept 26 | 6:00-7:00pm | <i>Goalkeeper training - each team can send 1-2 players</i> | | HIJ |
| Wednesday, Oct 3 | 6:00-7:00pm | GU12 Strikers | Vic Virk | J |
| Wednesday, Oct 3 | 6:00-7:00pm | <i>Goalkeeper training - each team can send 1-2 players</i> | | HIJ |
| Wednesday, Oct 10 | 6:00-7:00pm | GU9 Soccer Stars GU9 Dragons | Jasbir Patel Zahra Rehmat | D F |
| Wednesday, Oct 17 | 6:00-7:00pm | GU8 Hot Chocolates GU11 Predators | Adrian Hingston Chris Cannon | A2 G |
| Wednesday, Oct 24 | 5:30-6:30p | GU8 Red Foxes GU8 Lightning | Scott Wallace Chris Saranchuk | A1 B |
| Wednesday, Oct 31 | <i>no session - Halloween</i> | | | |
| Wednesday, Nov 7 | 5:45-6:45p | GU10 Fireballs GU10 Galaxy | Julian Carson Elliot Mullen | C E |
| Wednesday, Nov 14 | 6:00-7:00pm | GU9 Soccer Stars GU9 Dragons | Jasbir Patel Zahra Rehmat | D F |
| Wednesday, Nov 21 | 6:00-7:00pm | GU8 Hot Chocolates GU11 Predators | Adrian Hingston Chris Cannon | A2 G |
| Wednesday, Nov 21 | 6:00-7:00pm | <i>Goalkeeper training - each team can send 1-2 players</i> | | HIJ |
| Wednesday, Nov 28 | Cancelled due to Sole Girls event | GU8 Red Foxes GU8 Lightning | Scott Wallace Chris Saranchuk | A1 B |
| Wednesday, Dec 5 | 6:00-7:00pm | GU12 Strikers | Vic Virk | J |
| Wednesday, Dec 5 | 6:00-7:00pm | <i>Goalkeeper training - each team can send 1-2 players</i> | | HIJ |
| Wednesday, Dec 12 | 5:45-6:45p | GU10 Fireballs GU10 Galaxy | Julian Carson Elliot Mullen | C E |
| Dec 19-Jan 2 | <i>no session - Christmas break</i> | | | |
| Wednesday, Jan 9 | 6:00-7:00pm | GU9 Soccer Stars GU9 Dragons | Jasbir Patel Zahra Rehmat | D F |
| Wednesday, Jan 16 | 6:00-7:00pm | GU8 Hot Chocolates GU11 Predators | Adrian Hingston Chris Cannon | A2 G |
| Wednesday, Jan 16 | 6:00-7:00pm | <i>Goalkeeper training - each team can send 1-2 players</i> | | HIJ |
| Wednesday, Jan 23 | 6:00-7:00pm | GU12 Strikers | Vic Virk | J |
| Wednesday, Jan 23 | 6:00-7:00pm | <i>Goalkeeper training - each team can send 1-2 players</i> | | HIJ |
| Wednesday, Jan 30 | 5:30-6:30p | GU8 Red Foxes GU8 Lightning | Scott Wallace Chris Saranchuk | A1 B |
| Wednesday, Feb 6 | 5:45-6:45p | GU10 Fireballs GU10 Galaxy | Julian Carson Elliot Mullen | C E |
| Wednesday, Feb 13 | 6:00-7:00pm | GU9 Soccer Stars GU9 Dragons | Jasbir Patel Zahra Rehmat | D F |
| Wednesday, Feb 20 | 6:00-7:00pm | GU8 Hot Chocolates GU11 Predators | Adrian Hingston Chris Cannon | A2 G |
| Wednesday, Feb 27 | 6:00-7:00pm | GU12 Strikers | Vic Virk | J |
| Wednesday, Mar 6 | <i>no session</i> | | | |



PMSC Practice Area Allocation
North Shore Turf Field (at Heritage Woods Sec.)



Heritage Woods
Secondary
→