



2017 Year-End Wrap Up Event Boys U8-U10

This package contains all the information you will need to help your team prepare for our upcoming year-end soccer wrap up. We encourage you to share this information with your team's parents, so that the day runs smoothly and on time. This package includes the following:

- General information
- Game/skills schedule
- Event map

We hope you enjoy this event and welcome your comments and feedback in the planning for next year's event. Questions? Please contact me at boysnoncompetitive@portmoodysoccer.com.

Date/Time/Location: Sat, 4 March – 12:00pm-3:30pm at Heritage Woods (North Shore) Turf Field

Please consult the schedule below for the specific times your team will need to be there.

T-Shirts:

Coaches, please pick up your team T-shirts at the information tent located near the equipment shed on the north side of the turf field.

Event Format:

Each team will play two 25 minute games. Please start games on time, so that the players can enjoy the full allotment of play time. The fields and nets will be set-up for you when you arrive at your playing field. Please refer to the attached map to see where you are playing. The event is a fun-only event, and so similarly to our regular season games, we do not keep any scores, and there is no team 'winner'. We may require coaches (or parents) to act as referees for these mini-games please.

There will also be three additional activities.

- Agility Session (15 minutes) –James Greenwood (a PMSC coach) and his colleagues from Innovative Fitness (<http://www.innovativefitness.com/port-moody-personal-training/>) will be putting our players through an agility course.
- Kick Speed Station (10 minutes) – see how fast you can kick a soccer ball, all within an inflatable soccer field.
- Silly Soccer (10 minutes) – fun games with a soccer ball.

What do you need to bring? You will use your own balls and pinnies (if needed), so ensure you bring them with you to your field. And, as usual, please bring your own team seating and rain shelters/tents.

Schedule:

The schedule for your team is shown in the attached pages, for individual teams and also showing the overall program.

Volunteers:

We are still short of volunteers. If any parents are able to help out – setting up, cleaning up, collecting equipment, or other tasks – please get in touch. Every little bit helps!

Equipment and Keys Return:

At the end of the event, please return your soccer equipment (balls, cones, pinnies and benches) and equipment storage keys to the information booth on the north side of the turf field. A volunteer will be there to sign-in your equipment.

Thank you for an enjoyable, albeit challenging, year (think snow)! We look forward to a seeing you all back on the pitch for Spring Soccer or in September!

TEAM SCHEDULES

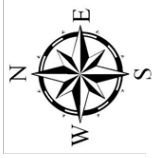
BU8 1 Sheriff	Time	12:15-12:30	12:30-12:40	12:40-12:45	12:45-12:55	12:55-1:00	1:00-1:25	1:25-1:30	1:30-1:55	
	BU8 1	Agility	Kick speed	Break	Silly soccer	Break	Field 1	Break	Field 1	
BU8 2 Cooper	Time	12:00-12:25	12:25-12:30	12:30-12:55	12:55-1:00	1:00-1:10	1:10-1:15	1:15-1:30	1:30-1:40	
	BU8 2	Field 2	Break	Field 2	Break	Kick speed	Break	Agility	Silly soccer	
BU8 3 Chu	Time	12:00-12:25	12:25-12:30	12:30-12:55	12:55-1:00	1:00-1:10	1:10-1:15	1:15-1:30	1:30-1:40	
	BU8 3	Field 1	Break	Field 1	Break	Silly soccer	Break	Agility	Kick speed	
BU8 4 Bertoncello	Time	12:30-12:45	12:45-12:55	12:55-1:00	1:00-1:25	1:25-1:30	1:30-1:40	1:40-2:00	2:00-2:25	
	BU8 4	Agility	Kick speed	Break	Field 1	Break	Silly soccer	Break	Field 1	
BU8 5 Saranchuk	Time	12:00-12:25	12:25-12:30	12:30-12:55	12:55-1:00	1:00-1:10	1:10-1:15	1:15-1:30	1:30-1:40	
	BU8 5	Field 2	Break	Field 1	Break	Silly soccer	Break	Agility	Kick speed	
BU8 6 Point	Time	12:00-12:25	12:25-12:30	12:30-12:55	12:55-1:00	1:00-1:10	1:10-1:15	1:15-1:25	1:25-1:30	1:30-1:45
	BU8 6	Field 1	Break	Field 2	Break	Kick speed	Break	Silly soccer	Break	Agility
BU8 D Williams	Time	12:45-12:55	12:55-1:00	1:00-1:15	1:15-1:25	1:25-1:30	1:30-1:55	1:55-2:00	2:00-2:25	
	BU8 D	Silly soccer	Break	Agility	Kick speed	Break	Field 1	Break	Field 1	
BU9 Hurricane	Time	1:30-1:45	1:45-1:55	1:55-2:00	2:00-2:25	2:25-2:30	2:30-2:55	2:55-3:00	3:00-3:10	
	BU9 1	Agility	Kick speed	Break	Field 2	Break	Field 2	Break	Silly soccer	
BU9 Pirates	Time	1:30-1:45	1:45-2:00	2:00-2:25	2:25-2:30	2:30-2:40	2:40-2:45	2:45-2:55	2:55-3:00	3:00-3:25
	BU9 2	Agility	Break	Field 2	Break	Kick speed	Break	Silly soccer	Break	Field 2
BU9 Rockets	Time	1:45-2:00	2:00-2:10	2:10-2:15	2:15-2:25	2:25-2:30	2:30-2:55	2:55-3:00	3:00-3:25	
	BU9 3	Agility	Silly soccer	Break	Kick speed	Break	Field 2	Break	Field 2	
BU10 Grant	Time	12:00-12:25	12:25-12:30	12:30-12:45	12:45-12:55	12:55-1:00	1:00-1:25	1:25-1:45	1:45-1:55	
	BU10 1	Field 3	Break	Agility	Kick speed	Break	Field 3	Break	Silly soccer	
BU10 Wlodyka	Time	12:00-12:25	12:25-12:30	12:30-12:55	12:55-1:00	1:00-1:15	1:15-1:25	1:25-1:45	1:45-1:55	
	BU10 2	Field 3	Break	Field 3	Break	Agility	Kick speed	Break	Silly soccer	
BU10 James	Time	12:30-12:55	12:55-1:00	1:00-1:15	1:15-1:30	1:30-1:55	1:55-2:00	2:00-2:10	2:10-2:15	2:15-2:25
	BU10 3	Field 3	Break	Agility	Break	Field 3	Break	Kick speed	Break	Silly soccer
BU10 Pruner	Time	12:30-12:40	12:40-12:45	12:45-1:00	1:00-1:15	1:15-1:25	1:25-1:30	1:30-1:55	1:55-2:00	2:00-2:25
	BU10 4	Kick speed	Break	Agility	Break	Silly soccer	Break	Field 3	Break	Field 3
BU10 Parnell	Time	12:30-12:45	12:45-1:00	1:00-1:25	1:25-1:4	1:45-1:55	1:55-2:00	2:00-2:25	2:25-2:30	2:30-2:40
	BU10 5	Agility	Break	Field 3	Break	Kick speed	Break	Field 3	Break	Silly soccer

Washrooms

PMSC U8-U10 Year End Event

2016-2017 Soccer Season

Heritage Woods Turf Field – 4 March 12:30pm-4:30pm



Heritage Woods
Secondary

